

Return Service Requested Rushville, Indiana 46173 Box 303

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SUMMER 2019

www.RCVAPhoenix.org www.facebook.com/RCVAPhoenixHouse email: rcva924@frontier.com

Our Mission

Rush County Victims Assistance: -offers a safe shelter to victims of domestic violence -provides support services to victims -educates Rush County regarding domestic violence and its prevention.



From President Penny Busald

It's that TIME of year again...when we reach out to YOU, our community to help us remove the "MASK" of domestic violence in Rush County by joining us at our 5th annual *Masquerade Ball*!

This year our *Masquerade Ball* will be held on Saturday, October 12th at the beautiful 201 Building in Rushville.

Please join us at 6 p.m. for cocktails and hors d'oeuvres and then at 7 p.m. for our wonderful dinner. This year, we are excited to have Kristin Erato Alosinac, deputy prosecutor, as our guest speaker and Rusty Harmeyer returning as our auctioneer extraordinaire.

Your generosity from the last 4 years has been overwhelming and so important in helping us to continue our services. Please help us once again to remove that "MASK" of domestic violence in Rush County.

We look forward to seeing you on October 12th Penny Busald, RCVA President





From our Executive Director—^{Page 4}

Barbara Kuhn

The Perfect Family Why do people abuse? There is one reason I experience too often within "the

perfect family"—those who are economically, socially, and professionally successful. Yet, behind closed doors, these families live in emotional shambles and abuse.

The reason is *narcissism.* Why are *narcissists* prone to being abusive? Psychotherapist Elinor Greenberg writes that:

Narcissists are low on emotional empathy. This is the capacity to feel what another person is feeling. Having emotional empathy decreases the likelihood that you want to hurt others, because you will literally feel some of their pain. *Narcissists* can have "intellectual empathy." They can understand that they may be causing someone pain, but they have less motivation to care because they are not feeling anything negative themselves.

Narcissists are easily disappointed. This is experienced in how they react to you saying "no" to their suggestions.

In healthy relationships, partners express "normal disappointment." They would love you to make slight changes to please them, but if you really don't want to, they can accept that without devaluing you or losing interest in you. They accept that you are a separate person and have a right to your own ideas.

But, in *"narcissistic disappointment"* your partner feels insulted when you resist his suggestions—as if you have criticized him, not the other way around. He does devalue and lose interest in you, becoming angry, wanting to punish you, and frequently turning to physical violence. **Narcissists possess a strong sense of entitlement resulting in poor boundaries.** They experience their family as extensions of themselves, rather than separate individuals with differing needs, desires, and feelings. They freely take what belongs to others without regarding the consequences. When confronted for this disregard of personal boundaries their sense of entitlement results in denial, blame, contempt, and aggression.

In public, *narcissists* can be charming, attentive, and successful. They are master manipulators by their ability to "act" ways they know other people like. But in private, this manipulation results in sick mind games of shame and guilt that tear apart what the world sees as "the perfect family."

There are strategies to deal with such abuse.

Get information. Learn all you can about *narcissistic abuse*. Trust your instincts.

Get support. You are not alone! RCVA is here to support you with legal, educational, and emotional resources.





Featured Speaker: R.C. Deputy Prosecutor Krístín Erato Alosínac

From her extensive, legal experience freeing families from domestic violence, Kristen brings us a local perspective and practical insights we can offer all families.



Plus, the dynamic style of our auctioneer, Rusty Harmeyer

with many items such as these hand-crafted seasonal chairs and 2 Box Seats to the Indianapolis Indians

Hors D'oeuvres/Cash Bar from 6:00—7:00 p.m. Three-Course Home Cooked Meal

Tickets: \$75 per couple/\$40 single Reserved tables of six (\$250) and eight (\$325) *More details coming on Facebook.com/RCVAPhoenixHouse*

RCVA NEWS is published quarterly by Rush County Victims Assistance P. O. Box 303 Rushville, Indiana 46173 Phone: (765) 938 -1555 Editor: Dena Vittorio **RCVA Officers and Directors** Penny Busald, President Jennifer Bullard, Vice Pres. Nancy Rice, Treasurer Rita Emsweller, Secretary Wayne Munson Patricia Coons Mescal Shelton **Dennis Simmons** Jennifer Harcourt Buchanan Mel Weidner **Christy Gosser** Barbara Kuhn, Executive Director

Clients Served— April - June 2019



- 26 primary victims
- 20 children/family members in the home
- 6 clients assisted in obtaining Protective Orders
- 5 clients accompanied to court hearings/ Counsel
- 5 clients assisted with leaving abuse/moving household to safety
- 6 assisted with Indiana Department of Child Safety, Indiana Family and Social Services, and county mental health agencies
- 42 assisted with clothing, food and fuel cards, crisis shelter
- 3 assisted in filing divorce paperwork and filing fee waivers

Huge Thanks for the Rushville Church of the Nazarene Rummage Sale that benefitted RCVA





Special Thanks to organizer Christy Gosser!

Rush County Victims Assistance (RCVA) is here to serve the entire community and does not discriminate on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, affection preference, different disabilities or religion.

RCVA is incorporated in the State of Indiana as a non-profit organization and has tax-exempt status with the Internal Revenue Service 501 (c) (3).

Thank You to our Local Friends & Donors April—June, 2019

RUF (Rush United Fund) City of Rushville Milroy Christian Church Guild Decatur County United Fund Jeffery and Heather Moore Millers Merry Manor Rush County Community Foundation Northam Family Barbara Harcourt Jim Payne St. Paul's United Methodist Church



The inclement Spring weather, complicated by worker injuries

complicated by worker injuries has delayed the construction of the new porch/ramp project at the Phoenix House. It is on the schedule and will be coming!



Worth Knowing— Rush County Working Together Through SART



 $\ensuremath{\textbf{SART}}$ was one of the first tasks Kristin

Erato Alosinac re-established as the deputy prosecutor whose legal services are dedicated to domestic

violence and sexual assault. **SART** (Sexual Assault Response Team) is a collaboration of community advocates and professional organizations to achieve their common purpose—justice for victims of sexual abuse in Rush County.

Local Leaders from the police and sheriff's departments, the Department of Child Services, Rush Memorial Hospital, RCVA, Batterers Intervention Program, Indiana Coalition to End Sexual Assault, and the JACY House (a regional agency providing child-friendly support during allegations of abuse) meet quarterly.

Sharing information concerning active investigations, their partnership creates effective protocols that provide coordinated and comprehensive services to victims. **SART** strengthens open-communication, establishing trust and accountability which results in their unified goal: *prosecuting and stopping sexual offenders.*



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